

Aaron L. Baggish M.D. FACC, FACSM

Brief Bio-summary

Dr. Aaron L. Baggish is the founder and Emeritus Director of the Cardiovascular Performance Program (CPP) at the Massachusetts General Hospital in Boston, MA, USA. The CPP, an affiliate of Harvard Medical School, was the United States' first program designed to provide comprehensive cardiovascular care to elite and recreational athletes. He is now professor of medicine at the University of Lausanne's Institut des sciences du sport (ISSUL) and chief of sports cardiology at the Centre Hospitalier Universitaire Vaudois (CHUV). Dr. Baggish is currently a fellow of the American College of Cardiology and a fellow and Board of Trustees member of American College of Sports Medicine.

He has served as medical director for the BAA Boston Marathon and cardiologist/team physician/medical consultant for numerous organizations including the World Anti-Doping Agency (WADA), FIFA, FIFPro, National Football League (NFL) Player's Association, Major League Soccer (MLS) Player's Association, US Olympic/Paralympic Training Centers, US Soccer, US Rowing, New England Patriots, Boston Bruins, New England Revolution, and numerous American colleges and universities.

Dr. Baggish's research interests include exercise-induced cardiac remodeling, pre-participation screening / sudden death prevention, high performance physiology, performance enhancing substance use, and exercise dose and clinical outcomes. He has received research funding from the National Institutes of Health, the US Department of Defense, the American College of Sports Medicine, the American Medical Society for Sports Medicine, and the NFL Players Association. He has published more than 300 original peer reviewed research articles and numerous invited reviews, editorials, and book chapters and serves on the editorial boards of multiple journals including Circulation and Medicine & Science in Sports and Exercise.

Contact Information:

aaronbaggish@gmail.com +41 79 918 05 63 (SUI) / +1 617-943-4545 (USA)