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Dr. Wasfy earned her AB in biology at Harvard College in Cambridge, Massachusetts, her MD at Harvard Medical School and her MPH at the Harvard School of Public Health, both in Boston, Massachusetts. Dr. Wasfy completed her medical residency at the Massachusetts General Hospital, her fellowship in cardiovascular medicine at the Brigham and Women's Hospital, and her fellowships in sports cardiology and echocardiography at the Massachusetts General Hospital. She is board certified in cardiovascular disease and echocardiography.