Dr Lampert went to medical school at Vanderbilt, then did residency and chief residency at Bellevue/NYU. She completed cardiology and electrophysiology fellowship at Yale, where she is currently the Robert Berliner Professor of Medicine. Clinically, she takes care of patients with arrhythmic disorders, with a focus on patients with genetic cardiovascular disease, athletes, and ECG screening. She is involved with the Heart Rhythm Society, American College of Cardiology, and American Heart Associations, serving on committees and editorial boards. Her research interests include the impact of sports and exercise on arrhythmias in patients with cardiovascular disease, with implanted devices and without, and optimizing care of athletes with known or suspected heart disease.