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Dr. Emery is a national authority in Sports Cardiology and served as Co-Chair of the American College of Cardiology (ACC) Sports and Exercise Leadership Council from 2014-2017 as well as Course Director for the ACC Care of the Athletic Heart in 2016 and 2017. He has helped guide the field of Sports Cardiology nationally since its early stages and served as a co-author on several seminal documents in the field including the "Interassociation consensus statement on cardiovascular care of college student-athletes", "International recommendations for electrocardiographic interpretation in athletes", and "Sports Cardiology: Core Curriculum for Providing Cardiovascular Care to Competitive Athletes and Highly Active People". Additionally, he is the author of the sports cardiology module for the current version of ACCSAP.

He has worked with the National Football League (NFL) Scouting Combine, National Basketball Association (NBA), National Basketball Players Association (NBPA), National Collegiate Athletic Association (NCAA) and multiple collegiate athletic programs. His research interests include exercise-induced cardiac remodeling, pre-participation screening/sudden death prevention, and digital technologies in cardiovascular health.