

**Benjamin D. Levine, MD, FACC, FAHA, FACSM** is the Founder and Director of the Institute for Exercise and Environmental Medicine (IEEM) at Texas Health Presbyterian Hospital Dallas. He also holds the S. Finley Ewing Chair for Wellness and the Harry S. Moss Heart Chair for Cardiovascular Research. He founded the IEEM in 1992 which has earned worldwide recognition as one of the premier laboratories for the study of human clinical and integrative physiology. He is a Professor of Internal Medicine, Cardiology and Distinguished Professor of Exercise Sciences at UT Southwestern Medical Center. He earned his B.A. magna cum laude in human biology from Brown University and M.D. from Harvard Medical School. He completed his internship and residency in internal medicine at Stanford University Medical Center followed by a cardiology fellowship at UT Southwestern.

His global research interests center on the adaptive capacity of the circulation in response to exercise training, deconditioning, aging, and environmental stimuli such as spaceflight and high altitude. A Henry Luce Foundation and Fulbright Scholar, he received the Peter van Handel Award from the United States Olympic Committee (for outstanding research), the Research Award from the Wilderness Medical Society, the Honor Award from the Texas Chapter of ACSM, and the Citation Award from the National ACSM for his body of work. A consummate clinician and teacher as well as a scholar, he was elected to the Association of University Cardiologists, received the Michael J. Joyner International Teaching Award from the Danish Cardiovascular Research Academy, and has been selected as one of the “Best Doctors” for cardiovascular medicine in Dallas and America by his peers.

He is a renowned sports cardiologist who sees athletes with cardiovascular medical problems from around the world, serves as a consultant to the NCAA, the NHL, the NFL, the USOC, USA Track and Field, and other athletic organizations. He has been a key contributor to the guidelines for the management of athletes with heart disease since 1994. Dr. Levine has published 439 peer-reviewed journal articles, reviews, book chapters, and technical papers, and currently serves on the editorial boards of numerous journals.